

Base News Briefs

OFFICIALS DECLARE FRIDAY ‘FAMILY DAY’

Air Force officials have declared Friday as a family day for all military people. For civilians, liberal leave policy is encouraged. People who aren’t performing mission-essential duties are authorized to take Friday as a non-chargeable leave day. Commanders and supervisors may grant compensatory time for people who perform duty on these days, as mission allows.

BASE SCHOOLS CLOSE FOR THANKSGIVING

All Lompoc Unified School Districts middle schools, high schools and education center offices will be closed Thanksgiving Day and Friday in observation of the holiday. Additionally, base elementary schools will have a minimum day schedule Wednesday.

PCC LOOKS FOR VOLUNTEERS TO DECORATE CLUB

The Base Spouses’ Club and 30th Services Squadron and are asking Team V to help decorate the Pacific Coast Club for the holidays. Decorating begins at 1 p.m. Monday. Food and beverages will be provided. If mission requirements allow, supervisors are highly encouraged to allow their people the time off to decorate.

OKC STAFF NEEDS VOLUNTEERS

Operation Kids’ Christmas is Dec. 1 at the Pacific Coast Club. The OKC committee needs about 400 volunteers to set up, escort, tear down, or help out in other capacities on before during and after the party. Escort volunteers, more than 200, must attend at least a briefing on one of the following dates: Tuesday or Nov. 29 at 11 a.m. in the 381st Training Group auditorium. For more information, call Master Sgts. Roy Blanco at 606-9600 or Ken Lucia at 606-3663.

TREE LIGHTING CEREMONY, PARADE

The annual holiday parade and tree lighting will be Dec. 5. The parade will start at the commissary at 3 p.m. and continue through main base and East Housing. Following the parade, Col. Robert M. Worley II, 30th Space Wing commander, will light the base Christmas tree at 4 p.m. in front of Bldg. 11777. Refreshments will be served in the lobby and Santa will be available for photos with children who attend. For information, call Capt. Karla Heren at 606-9312.

See BRIEFS Page 3

MINI-COMM, MAIN STORE ANNOUNCE HOLIDAY HOURS

Thanksgiving - both stores will be closed.

Nov. 23 - the main store will be closed, but the mini-com will be open from 6 a.m. to 9 p.m.

Dec. 24 - the main store will be open from 9:30 a.m. to 6 p.m., and the mini-comm will be open from 6 to 9:30 a.m. and 6 to 9 p.m.

Christmas - both stores will be closed.

Dec. 26 - the main store will be closed, but the mini-comm will be open from 9:30 a.m. to 9 p.m.

New Year’s Day - both stores will be closed.

Thanksgiving forecast: Chance of rain in morning with rainshowers in afternoon.

Low/High
45/64

Appreciation day recognizes retirees

By STAFF SGT. ANDREW LEONHARD
30th Space Wing Public Affairs

■ About 700 retirees and their spouses attended the Retiree Appreciation Day Friday at the Pacific Coast Club.

The formal program kicked off at 9:45 a.m. with a warm welcome from Col. Richard Strathearn, 30th Space Wing vice commander, and retired 30th Space Wing Command Chief Master Sgt. Kipp Thonack. The chief and colonel briefed attendees on some of the activities that Vandenberg provides for them.

The guest speaker of the day was retired Maj. Gen. Richard Murray, president of the National Association Uniformed Services. Murray spoke about the continual need to protect military and veterans’ earned benefits and maintaining a strong national defense.

Throughout the day, attendees visited more than 30 on- and off-base organization’s information booths manned with individuals who answered questions and provided the latest information on subjects like healthcare, pay, legal services and the commissary.

“This is outstanding! As retirees, we get information here that we don’t normally have easy access to,” said retired Master Sgt. McKinley Mack as he and his wife Bernice

viewed the base exchange table. Mack retired from the Air Force in 1975 from the judge advocate office here.

This is the third year in a row the base has put on this event. It takes a team effort.

“This base gave all the support,” said Col. Myrna-Lynne Whitney, 30th Space Wing individual mobilization augmentee to the vice commander and event coordinator. “The team spirit and support at Vandenberg has been phenomenal,” Whitney said. Trying to pick out a particular person or group who stood out in support was impossible for Whitney.

I do not use the word ‘team’ lightly when it comes to the support that I have received in the last three years,” Whitney said. “Everyone of my team members are golden threads in the overall Vandenberg tapestry that created the Joint Retiree Center and three super successful Retiree Appreciation Days.

“I could not have done it without any one of my team members,” she said. “Words are inadequate to describe my gratitude and pleasure with the spirit and support that I received from everyone.”

Team Vandenberg’s support and Whitney’s drive has led to the attendance more than doubling in three years.



PHOTO BY AIRMAN 1ST CLASS JESSICA RAMOS

Maestro Rodolfo Fernandez, Lompoc Pops Orchestra, and Master Sgt. Quinn Johnson, 576th Flight Test Squadron, perform during the capstone event of Project Noble Support Sunday night at the Pacific Coast Club.

Project Noble Support

Base raises \$11,870 for families affected in Sept. 11 Pentagon attack

By MASTER SGT. TY FOSTER
30th Space Wing Public Affairs

■ Music filled the air and money filled the coffers as Team Vandenberg wrapped up it’s Project Noble Support fundraising campaign bringing in a total of \$11,870.

The campaign was devised to address the needs of families and victims of the Sept. 11 attack on the Pentagon.

“My sincere thanks go out to all individuals and organizations who contributed so generously,” said Col. Robert M. Worley II, 30th Space Wing Commander. “These funds will make a real difference in the lives of people who need help.”

“Over the last couple of months, millions of dollars have been raised to aid the families of those directly affected by the New York attacks,” Worley said. “We felt that more needed to be done for the families of the Pentagon attack victims.”

“Monies raised will go to the Federal Employees Fund and are earmarked to help the Pentagon attack victims and their families,” said 30th Space Wing Command Chief Master Sgt. Mike Morey.

In the capstone event for Project Noble

Support, the Lompoc Pops Orchestra performed 14 arrangements Sunday evening before an audience of 100 Team Vandenberg members in the Pacific Coast Club.

As master of ceremonies during the free concert, Morey introduced Lt. Col. Heather Scholan, 30th Space Wing plans and programs requirements, to serve as auctioneer.

Scholan auctioned off four Americana-themed quilts and donated desserts. Santa Maria and Lompoc students enrolled in the Allan Hancock College quilting class donated the quilts and the Vandenberg Spouses’ Club donated the desserts. The auction raised another \$2,120 for PNS.

The quilting students had also donated more than 50 wall hanging quilts that base first sergeants sold, said Master Sgt. Mark Webb, 381st Training Group first sergeant. Those quilts raised another \$1,300 for PNS.

Initially, the campaign started with first sergeants accepting personal contributions on behalf of PNS, he said. That raised about \$1,600 and the plan mushroomed.

Team Vandenberg units and private organizations also cast their hats into the game and ponied up some big bucks, Webb said.

PROJECT NOBLE SUPPORT CONTRIBUTORS	
\$1,600 —	Team V personal donations
\$1,300 —	Quilt sales by first sergeants
\$2,120 —	Quilt and dessert auction at concert
\$2,000 —	30th Space Wing chapel designated offering
\$1,000 —	30 th Communications Squadron Red, White and Blue tournament
\$1,000 —	Air Force Association
\$880 —	30 th Transportation Squadron Haunted Trail
\$860 —	Airman Leadership School Class 02-A
\$500 —	381 st Training Group Chiefs and Eagles Softball and food sales
\$410 —	30 th Medical Group and 30 th Civil Engineer Squadron carwash
\$200 —	Top Three Association funnel cake sales



\$11,870
total raised
for PNS!
Way to go
Team
Vandenberg!



PHOTO BY STAFF SGT. ANDREW LEONHARD

Bernice (right) and McKinley Mack view the free samples at the AAFES table while Teresa Goodson, price surveyor for AAFES, talks about the base exchange during Retiree Appreciation Day Friday. About 700 retirees and their spouses attended the annual event.

IMAs: answer their nation’s call to serve at Vandenberg

By 2ND LT. MICHELLE MAYO

30th Space Wing Public Affairs

■ They have been called back to active duty to serve for one year, possibly two.

Some volunteered for the year-long duty; others were involuntarily mobilized.

They are individual mobilization augmentees and there are nearly 100 of them serving here.

Yet, many people on base don’t know what an IMA is or does.

An IMA is essentially a reservist without a reserve unit.

“Unlike traditional reservists who come in en masse with a reserve unit, IMAs are individually assigned to active duty,” explained Senior Master Sgt. David Fuentes, base IMA administrator for Vandenberg and Los Angeles AFB.

Also, unlike traditional reservists, the IMA does not serve “one weekend a month, two weeks a year.”

Each IMA must perform a minimum of 12 days and two weeks of active-duty. However, as long as training requirements are met, the IMA is free to work his or her training schedule around his or her civilian life.

“It’s an extraordinarily flexible program that enables many professionals outside to work on a schedule that suits their employer and active-duty counterparts,” said Fuentes.

The IMA program is cost-effective for the military, because many positions don’t need to be filled year-round, but “when there is a need for surge capability, we can bring those people in,” said Fuentes.

Which is exactly what happened the week after the Sept. 11 attacks on New York and

the Pentagon.

Immediately following the attacks, Fuentes sent out the call for volunteers.

“There was overwhelming support of people willing to step up to the plate,” he said.

However, when volunteer numbers were not enough, people were called in involuntarily. So far 20 people have been involuntarily mobilized for one year.

Currently, IMAs are working for the 14th Air Force, 30th Space Wing, 30th Security Forces Squadron and wing plans and others. Actually, most units on Vandenberg have

called in their IMA troops, according to Fuentes.

“Security forces, understandably so,” Fuentes added.

Tech. Sgt. Brian Dillard, an IMA working as a security manager for the 14th Air Force, is one of those security forces troops called to serve for a year.

Dillard said he knew that after he saw the footage of the terrorist attacks, “it was only a matter of time” until he would be called up.

Ironically, Dillard, who had left the Air Force after nearly 12 years to start a family, was called to serve his first child’s birth. His daughter was born Sept. 13.

“But when you see that footage and realize how horrific it is, you realize this is why you join the military,” Dillard said. He added that being a part of the “War Against Terrorism,” even if it meant serving full-time active duty after making a decision to leave, made it worthwhile.



PHOTO BY AIRMAN 1ST CLASS JESSICA RAMOS

Tech. Sgt. Brian Dillard, 14th Air Force IMA security manager, is serving a one-year of active duty here.

TSP options require investors to do their homework

■ **RANDOLPH AFB, Texas** — With the first open season for the Thrift Savings Plan for servicemembers currently under way, officials from the Air Force Personnel Center here said that military people need to understand the enrollment process, the five different funds, bonus and special pay options and more. The TSP is a retirement savings plan.

“This is a great program with the potential for servicemembers to accumulate a good sum of money by their retirement and save on taxes now, but people must do their homework,” said Lt. Col. David Zeh, chief of the contact center here, “especially since the first open season ends Jan. 31.”

Open season is the period during which people are allowed to designate into which funds their contributions will go. Two more open seasons will take place during the upcoming year: May 15 to July 31 and Nov. 15, 2002 to Jan. 31, 2003.

Military people can initially contribute up to 7 percent of their base pay. That percentage will increase to 10 percent by 2005. Military investors can also contribute all or part of bonuses or special pay up to the federal limits — \$11,000 in 2002.

Military people serving in tax-free combat zones are allowed up to \$40,000 in an-

nual contributions.

“It’s really not as complicated as people may think, especially for those who take a little bit of time to research, compare and contrast,” Zeh said.

People need to decide how much to contribute from their base pay, Zeh said. Contributions can range from 1 to 7 percent.

“The good thing about the contribution amount is that it is directly deducted from a member’s taxable income so it lowers the amount Uncle Sam will take,” he said.

Family support center financial management counselors can provide investment information to interested people. Once the contribution amount has been determined, it is time for the airman to look at the five different funds, determine an acceptable risk and make the allocations.

The five funds are:

♦ The Government Securities Investment “G” Fund: This fixed income fund is known for being the safest investment of the five funds since the only way it will lose money is by some catastrophic event, such as if the federal government defaults on its loans. But with low risk usually comes a lower interest rate or rate of return.

See TSP Page 3

This Issue of the



Texas Blowout raises money for Operation Kids’ Christmas. OKC brings out best in Team V. See Page 2.



Chiefs pluck Eagles 21-15 in Project Noble Support fundraiser softball game. Game raises \$500. See Page 5.



PHOTO BY AIRMAN 1ST CLASS JESSICA RAMOS

Capt. Victor Stukousky, 392nd Training Squadron instructor, ropes a “heifer” at the Texas Blowout Saturday evening. The event raised money for Operation Kids’ Christmas.

OKC brings out best in Team V

BY MASTER SGT. ROY BLANCO
30th Operations Group first sergeant

If there is one thing that epitomizes the spirit of Team Vandenberg, the Operation Kids’ Christmas party is it!

For more than 40 years, the men and women of Vandenberg have sponsored 200 local underprivileged children from Lompoc, Santa Maria, Guadalupe, Solvang and the Santa Ynez Valley during the annual event.

In 1959, Mike Petlansky, from the Air Force Logistics Command test site office, began what was then known as Operation Big Brother. He had an \$1,800 budget and 100 children in attendance.

Today, OKC’s operating budget is \$23,000 and 200 children benefit from Team V’s generous spirit.

The work that goes into OKC is a year-round endeavor.

Numerous fundraisers and contributions from local businesses and organizations ensure the funds are there to support the party. Executive committee members work with local agencies to select the children, purchase gifts, coordinate entertainment and recruit laborers and escorts for the children.

Families in need benefit from OKC too.

Each family receives a holiday food basket, complete with a ham and all the trimmings for dinner. This year, for the first time, each family will also receive a debit-type \$50 gift certificate to be used at a major retail clothing store.

It’s a rewarding experience for everyone involved. Many former volunteers have claimed that the joy in the children’s smiling faces was the best part of the day. Being part of giving these children a Christmas they wouldn’t have otherwise had is what the holiday spirit, the OKC spirit, is all about.

This year the OKC party will be held from 10 a.m. to noon Dec. 1 at the Pacific Coast Club.

It takes an army of approximately 400 volunteers to pull off the party. People are needed to assist with set-up and tear down of the ballroom, to serve food, to pack and deliver food baskets and to escort the children.

Escorts must attend at least one escort briefing. The briefings are held at the 381st Training Group auditorium at 11 a.m. Tuesday or Nov. 29. Spanish-speaking escorts are always in high demand. Escorts must be active-duty and wear their service dress uniform.

For other volunteers, the briefing is optional. An OKC point of contact will call the volunteers.



PHOTO BY STAFF SGT. JANICE CANNON

Last year, nearly 200 Central Coast children attended OKC.

Myers speaks about importance of focused national power

BY JIM GARAMONE
American Forces Press Service

■ **WASHINGTON** — Focusing national power is different following the terrorist attacks of Sept. 11, said Air Force Gen. Richard Myers, chairman of the Joint Chiefs of Staff.

In the past, people viewed the military, diplomatic, law enforcement and financial arms of the government as separate entities, he said at the Fletcher Conference here.

The conference is jointly sponsored by the Institute for Foreign Policy Analysis and the Army. The theme this year is “National Security for a New Era.”

The U.S. military’s experience so far in the war on terrorism shows what focusing the power of America can mean, Myers said.

“Terrorism is a direct threat to freedom around the world,” he said. “All instruments of national power are now engaged in a just and relentless campaign we’ve named Enduring Freedom.”

The national objectives in the war in Central Asia are to deny al-Qaida the use of Afghanistan and to make clear to the Taliban and others that there is a price to pay for harboring and supporting terrorists. The United States seeks to destroy the military forces of the al-Qaida and Taliban and, finally, it seeks to provide humanitarian assistance to the Afghan people.

“This is a new kind of war,” Myers said. “The military may not be decisive. “

Bankers, diplomats, intelligence operatives, law enforcement officials and customs officials have important roles to play in this war, he said. “Even the IRS is involved. Thankfully, they are on our side.”

He likened the war against global terrorism to taking down an organized crime syndicate.

“You want to hit them where it hurts,” Myers said.

National power is focused on going after terrorist finances and logistics. Officials seek to interrupt terrorist information flows and their ability to train and recruit new personnel. U.S. undercover agents infiltrate to gather intelligence, and other elements of power go after known bases of operations.

Fighting the war, therefore, can mean “green eye shade types” going after money or Generation Y kids surfing the Internet, he said.

The coordination between these diverse agencies is crucial to victory, Myers said. The United States has learned to focus these elements via an interagency process.

“I’ve been involved in interagency debates and operations and the process, and I would say that so far the interagency coordination and cooperation has been remarkable,” he said. “In fact, I’ve never seen the different agencies of our government work so well together.”

Myers said he had an object lesson on how that worked in the Pentagon. He said he walked through the Joint Staff Crisis Action Team area and spied a gentleman in a suit. “He was introduced as the FBI representative to the team,” Myers said. “That’s a pretty good optic of what we’re talking about here.”

The military must push this type of cooperation to the theaters, he said. The military has always had good liaison with the intelligence agencies, he continued, but in the future military commanders will need better liaison with Treasury, the FBI, the State Department and others.

One aspect of current Afghanistan operations where this process did not work particularly well was in the information operations campaign.

“It took too much time to put together the team,” Myers said. “We missed the opportunity to send the right message, sometimes we sent mixed signals, and we missed opportunities as well.”

Information operations range from psychological operations to public affairs.

“It’s a complicated and demanding business,” he said.

It is clear, he said, that the information operations campaign must be front-loaded — that is, in place beforehand.

“It can’t be done by a pick-up team,” he said. “It takes too long to get everybody up to speed and figure out who’s working for whom.” (Courtesy Air Force Print News)



**Col. Robert M. Worley II
Commander,
30th Space Wing**

Commander’s Action line

Mission success is our top priority, and the talented men and women of Team Vandenberg get it done with excellence.

Key to the effectiveness of any great team is good communication. The 30th Space Wing Commander’s Action Line is your direct communication link to me. It provides an avenue for you to voice your concerns, share constructive ideas, or give your Vandenberg teammates a pat on the back. I appreciate your input, and I am personally involved in every response.

While the Commander’s Action Line is a great way to communicate, don’t forget there are many other avenues to get answers to your questions including your chain of command, first sergeants, base services officials, and many other base professionals.

Thanks for helping to make Vandenberg such a great place to work and live. When calling the action line, please leave your name and phone number.

Call or e-mail at 606-7850 or actionline@vandenberg.af.mil	
EMERGENCY.....	911
Information.....	411
Poison control.....	800-876-4766
Clinic appointments.....	606-2273
After-hours urgent care.....	888-252-3299
TRICARE services.....	800-242-6788
Health Care Information Line.....	800-611-2883
Law enforcement.....	606-3911
Housing maintenance.....	734-5586
Child Development Center.....	606-1555
MPF customer service.....	606-7756

SPACE & MISSILE TIMES

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Questions regarding the paper can be directed to the *Space & Missile Times* staff at (805) 606-2040.

BRIEFS from Page 1

MED GROUP CLOSES FOR RENOVATION

The 30th Medical Group will undergo a renovation of its Family Practice Clinic and Internal Medicine Clinic from Nov. 30 to Dec. 3. The group will close and relocate the Family Practice Clinic to the fourth floor and the Internal Medicine and GYN Clinic to the third floor. Aerospace Medicine will be open to everyone Nov. 30 from 7:30 a.m. to 4:30 p.m., Dec. 1 from 9 a.m. to 1 p.m. and Dec. 3 from 7:30 a.m. to 4:30 p.m. for acute needs only. In addition, the pharmacy will be at minimum manning on both days. The Family Practice Clinic will open Dec. 4 for normal business hours from 7:30 a.m. to 4:30 p.m.

ANGEL TREE GIFTS BENEFIT CHILDREN

The 381st Training Group and Vandenberg's First Sergeants Council has placed an Angel Tree in the base exchange lobby. Gift tags are posted on the tree. The tags have a child's age and gender listed. To donate to a needy child, take a tag from the tree and purchase a gift for the age and gender listed on the tag. After purchasing the gift, wrap it, put the tag on the gift and drop it off in the Angel Tree reception box in the BX lobby. All gifts must be received by Dec. 8. For more information, call Master Sgt. Mark Webb at 606-1051 or Paulette Taylor at 606-7416.

COMMISSARY HOLDS BAKE-OFF DEC. 12

The commissary staff is holding a Zucchini bread bake-off Dec. 12. The winner of the contest will receive a \$50 shopping spree. The ready to eat bread and recipe must be turned in at the commissary by 10:30 a.m. Dec. 12. Judging will commence at 11:30 a.m. For information, call 734-3354.

DSN DIALING CHANGES FRIDAY

Beginning Friday, all base telephones will implement the Air Force-wide standard dialing plan for DSN, federal technology service and local commercial access. The following is a list of the dialing plan access codes: 90-DSN flash override (old code 80); 91 - DSN flash (old code 81); 92 - DSN immediate (old code 82); 93 - DSN priority (old code 83); 94 - DSN routine (old code 88); 98 - FTS (old code 84); 99 - local commercial access (old code 9). For more information, call Rick Boyle at 605-7191.

BREAKERS CONTINUES FAMILY DINNER NIGHT

The 30th Services Squadron staff offers a weekly dinner Thursday at the Breakers dining facility from 6 to 7 p.m. The dinner is open to all family members of personnel deployed in support of an overseas operation. To participate, family members must bring a copy of their spouse's orders to the services squadron front office in Bldg. 11013 across from Bldg. 11777. For information, call 606-5031.

OFFICIALS ADVISE PATIENTS TO SAVE MEDICAL RECEIPTS

Recent changes to medical benefits cover non-active duty TRICARE Prime beneficiaries with reimbursement for travel for medically necessary, non-emergent care that is more than 100 miles away. Vandenberg beneficiaries traveling south further than Oxnard or north further than Templeton may be eligible. For more information, call Peggy Carter at 606-8560 or Bonnie Robles at 606-8624.

Crafty coloring



PHOTO BY AIRMAN 1ST CLASS JESSICA RAMOS

Christian Taft, 8, son of Master Sgt. Stephen Taft, 9th Space Operations Squadron, concentrates on staying inside the lines during the Native

American Heritage Month children's craft event at the base library Nov. 16. Children who attended also made dream catchers.

Running: Native American tradition shows strength, honors ancestry

By **STAFF SGT. FELICITA SHORTY**
30th Civil Engineer Squadron

Through the centuries, Native Americans have enjoyed the sport of running for various reasons and occasions.

While it's understood that they ran to hunt game, they also ran as part of reenactments of tribal rituals and myths to express their unity with the earth.

Women ran to celebrate their transition to womanhood. Male runners were a common form of communicating across vast distances.

And while running seemed more like a duty in those circumstances, other times it was the calling of competitive running that steered many Native Americans to the athletic challenge.

Surely there was some trouble shifting to the new and very different cultural context, but many were successful competitors in the most competitive arena.

Louis Bennet, a Seneca, was

BASE HOLDS NATIVE AMERICAN HERITAGE LUNCHEON NOV. 29

■ The annual luncheon will begin at 11:30 a.m. in the Pacific Coast Club.

probably the first great long-distance runner recorded in American history.

Tom Longboat, of the Onandaga tribe won the 1907 Boston Marathon.

Then there was the popular Jim Thorpe of mixed Potawatomi, Sauk-Fox and Irish descent who dominated the 1912 Olympics in Stockholm, Sweden.

Another Native American, Louis Tewanima of the Hopi tribe, won silver medals in the 5,000- and 10,000-meter events at those same games.

In 1936 and 1939, a Narragansett tribesman named Ellison "Tarzan" Brown won the Boston Marathon.

By 1964, Billy Mills, a Sioux,

set the track world on its ears by winning the 10,000 meters.

Without a doubt, Native American runners have given us another reason to applaud their outstanding courage and endurance.

We recognize November as Native American Heritage Month and celebrate the achievements of our culture.

To celebrate their strong heritage of running, the Native American Heritage Month committee has organized a 5K run for Team Vandenberg members and their families.

The run begins Tuesday at noon from the Base Fitness Center. Prizes will be awarded to the top three finishers in the male and female categories.

For more information on the Native American Heritage Month celebration, call 2nd Lt. Marie Rivard at 605-6230 or Tech. Sgt. Pete Caputo at 605-8937.

For more information on Native American runners, visit www.peabody.harvard.edu/mcnh/running/

Holiday safety

Home alone: Child safety, security tips for parents who go out

By **TIM JOHNSTON**

Base fire inspector

Life in the military is full of social gatherings such as Dining Ins, Air Force Balls, squadron and retirement parties.

When parents go out to these events, some children are left home alone. For the parents and children alike, safety and security are major concerns.

Parents can take a few extra precautions to prepare their children for being home alone.

Secure your home

♦ Check doors and windows to make sure all locks are in working order and that the child knows how to open the lock should it become necessary get out of the house.

♦ Keep bushes and shrubs near doors and windows trimmed so no one can hide behind them.

Check your home for fire hazards

♦ Working smoke detectors should be installed on each level of the home.

♦ They should be tested monthly and the battery should be changed annually.

♦ All appliances should be in good working order.

♦ Make sure matches, lighters, and any flammable liquids are stored out of the reach of children.

♦ Develop a home fire escape plan and practice it several times with your children.

♦ Children should understand that if a fire starts they should

leave the house and call the fire department from the neighbor's house.

Build a first aid kit

♦ A first-aid kit should be stored where it can be found

easily in case of minor cuts, burns, nose bleeds, etc.

Make a list of important phone numbers

♦ Compile a list of important phone numbers and post it near all phones.

♦ Include work, neighbor, relative, fire, police, ambulance and other necessary numbers.

♦ Each child should know his phone number, address, including apartment number, name of apartments and other information that could assist emergency vehicles if necessary.

Teach safety rules to your child

♦ Play "what if" games. This will help them recognize and develop responses to certain situations.

Establish house rules

♦ The rules should be clearly stated, written and posted where visible.

♦ Children should understand what the consequences of breaking a rule.

♦ Topics to be covered: TV time, snacks, using the phone or other appliances around the house, having visitors, etc.

Check available services

The 30th Services Squadron has evening children's programs available during some evenings.

Time home alone can be safe and secure with some planning. For more information, contact the base fire department at 606-4680.

Program participants can choose from multiple funds

TSP from Page 1

♦ The Fixed Income Index Investment "F" Fund: The second fixed income fund, the F Fund, is higher risk than the G Fund, but is still considered a low-risk investment because it is spread over many generally stable investments. Putting money into the F Fund is an investment in the Barclays U.S. Debt Index Fund, which tracks the bond market. A mathematical model determines the amount in which this fund distributes investor's money among the various types of U.S. government, mortgage-backed, corporate and foreign government sector securities.

♦ The Common Stock Index Investment "C" Fund: One of three common stock funds, the C Fund invests in 500 of the largest companies in the U.S. and is considered the least risky as stock investing goes.

♦ The International Stock Index Investment "I" Fund: This fund, along with the S Fund, are new funds to the TSP and have little historical background data. The I fund provides coverage of stock markets in the 21 countries the Morgan Stanley Capital International stock index represents, which includes 915 companies, 23 industry groups within 10 economic sectors.

♦ The Small Capitalization Stock

Pre-Teen V Spotlight

Name: Tommy Lee Hubbard, 12
School: Vandenberg Middle School sixth grader.
Career goal: Rock star.
Hobbies: Tommy's been playing guitar four years and just started on the drums. He also enjoys skateboarding and doing stunts on his bike.
Favorite artist: Stevie Ray Vaughn.
Favorite song: "Pride & Joy" by SRV.
Kudos: Appears on Ed MacMahon's "Next Big Star" TV show Sunday on PAX TV, Channel 61 on base, at 3 or 6 p.m.
Parents: Capt. Darold Hubbard, 533rd Training Squadron, and Andrea Hubbard.

Hey Parents!

Is your child an exceptional student? A gifted artist? An extraordinary volunteer? Drop us an e-mail at:

Space&missiletimes@vandenberg.af.mil



PHOTO BY AIRMAN 1ST CLASS JESSICA RAMOS

Heartland thank you



PHOTO BY 2ND LT. BOB EVERDEEN

Patriotism was the driving force behind a project designed by local residents to thank the military people at Offutt AFB, Neb. “Freedom! Thank You!” is plowed into a field that lies in Offutt’s flight path. Each letter is 125-foot tall and 75-foot wide.

AF people receiving new ‘smart’ ID cards

■ **WASHINGTON** — Active-duty Air Force people, Selected Reserve, civilians and eligible defense contractors began receiving new and “smart” official Department of Defense identification cards Nov. 6, officials said.

These common access cards, based on smart card technology, replace the standard military identification card and will be issued to more than 4 million DOD employees, said Essye Miller, chief of the Air Force Communications and Information’s infrastructure branch at the Pentagon.

The new smart card, about the size of a credit card, contains an integrated circuit chip, linear bar code, two-dimensional bar code, magnetic stripe, color digital photograph and printed information.

“The CAC will be the principal access card used to enter buildings and controlled spaces,” Miller said. “It will also be the primary DOD public key infrastructure authentication token for unclassified networks.”

There are a total of 17 Air Force installations — active duty, Guard and Reserve, with the capability to produce the CAC.

To date, the Air Force has issued more than 11,000 of the 70,000 new cards given to DOD employees.

(Courtesy of Air Force Print News)

Humanitarian airdrops surpass 100 flights, 1.6 million HDRs

By MASTER SGT. RANDY MITCHELL
U.S. Air Forces In Europe Public Affairs

■ **RAMSTEIN AB, Germany** — As anti-Taliban forces make tremendous strides in gaining control of Afghanistan, U.S. Air Force C-17 Globemaster IIIs continue airdropping humanitarian daily rations to starving Afghans.

Nearly six weeks into the airdrop, 111 sorties have been flown from here delivering about 1.6 million of the culturally sensitive packets of food and other relief supplies that have helped sustain refugees in their war torn country since Oct. 7.

This is the first time the United States has engaged in a war in a country that was already in the middle of a full-blown humanitarian crisis, said Joseph Collins, deputy assistant secretary of defense for



Around the Air Force

peacekeeping and humanitarian affairs.

Even before the current humanitarian airdrops began, the United States was the largest aid donor to Afghanistan. The total value of U.S. assistance from all sources — DOD, Department of State, U.S. Agency for International Development — in the last two fiscal years is more than \$400 million.

“To date, we’ve dropped, either by flutter method or in containers, about 1.6 million daily rations, each of which is enough to sustain a person with a day’s worth of calories,” said Collins. “Recently, we have been dropping about 35,000 a day. At the high, that number was about 70,000 per day.”

(Courtesy of U.S. Air Forces in Europe)

Association names top servicemembers, spouses

■ **WASHINGTON** — Fifteen servicemembers and military spouses stationed in the United States and Europe are winners of the National Military Family Association’s 2001 Very Important Patriot program.

The VIP program recognizes people for exceptional volunteer service to their military and neighboring communities. Active-duty, National Guard, Reserve and retired military people, along with their family members and survivors, are eligible to receive the award.

The VIP award winners this year are:

- ♦ Tech. Sgt. William Harrington from Hickam Air Force Base, Hawaii,
- ♦ Kitty King from Maxwell AFB, Ala
- w Stephenie Palmer from the military community in Giebelstadt, Germany,
- ♦ Marine Master Sgt. Viola Tovar from Marine Corps Base Quantico, Va.,
- ♦ Tech. Sgt. Brian Williams from Altus AFB, Okla.

For more information about this year’s winners and the VIP program, visit the NMFA Web site at www.nmfa.org, or call the association at (703) 931-6632.

(Courtesy of American Forces Press Service)

ICBM force remains strong deterrent in war against terrorism

By TECH. SGT. BRIAN ORBAN
5th Bomb Wing Public Affairs

■ **MINOT AFB, N.D.** - America’s land-based strategic missile force remains a powerful deterrent in the international campaign against terrorism and allows the United States to impose its will against those who threaten it, according to the man responsible for the nation’s intercontinental ballistic missile units.

“Since the Cold War, the nation has needed its (strategic) deterrent,” said Maj. Gen. Timothy McMahon, 20th Air Force commander, during his visit to Minot Nov. 6. “Since the 11th of September, the nation has a clearer understanding of this deterrent.”

Because the nation is at war following September’s terrorist attacks, many Americans are looking at the ICBM force as a backbone of national security, the general said. The deterrence these missiles represent today serve as an “ultimate insurance policy” for the survival of this nation, its people and way of life in the years ahead.

“The deterrent is there to indicate to the world that the United States has the strength to deal with this type of crisis from a position where our survival can’t be called into question, and we will be able to see this course of action through on our terms,” McMahon said.

According to the general, global terrorism could be classified as a weapon of mass destruction - using fear and panic to destroy the psyche of an entire nation. Terrorist organizations are also more unpredictable since military, economic and political actions don’t always deter their hostile activities.

However, countries harboring terrorists know the full capabilities of America’s strategic missile force. They also know they could face the full brunt of the U.S.’ military might if they continue allowing terrorists to live and operate in their borders, the general said.

Through deterrence, America and its allies are hoping to convince these nations to shut down terrorist safe havens.

“This deterrent is a symbol of the nation’s strength and determination to survive as a country and to assert our moral authority and our ability, and plan a course of action in pursuit of our national interests,” McMahon said.

(Courtesy of Air Force Space Command News Service)

New Reserve unit stands up at Edwards

By MASTER SGT. STEFANIE DONER
Air Force Flight Test Center Public Affairs

■ **EDWARDS AFB, Calif.** — A formal ceremony Nov. 14 provided an official welcome the newest unit: the 370th Flight Test Squadron here.

The 370th FLTS is a Reserve associate flight-test support unit under the 412th Test Wing’s Global Reach Combined Test Force, and works hand in hand with its active-duty counterpart, the 418th FLTS.

It supports flight-test, airborne research platforms and training missions according to the needs of the Air Force Flight Test Center here. The unit operates C-135 tanker and test bed platforms; C-12 Huron, KC-10 Extender and T-39 Sabreliner aircraft; and also supports the U.S. Air Force Test Pilot School with its multiengine curriculum. The 370th FLTS also has a detachment at Kirtland AFB, N.M., that is the Reserve counterpart to the 418th’s Detachment there.

The unit was organized through a memorandum of agreement between Gen. Lester Lyles, commander of Air Force Materiel Command, and Lt. Gen. James Sherrard III, commander of the Air Force Reserve Command, which established associate support and depot flight-test units throughout AFMC.

“Our squadron is by far the most dynamic and diverse of the seven units formed by the (memorandum of agreement),” said Lt. Col. Howard Judd, 370th FLTS commander. “The other units usually perform a single function, such as functional flight checks with a single type aircraft. We currently operate four different types of aircraft in a host of flight-test and support missions.

The 370th FLTS is manned by active-Guard reservists, who are full-time reservists operationally assigned to an active-duty component, and the traditional reservists who work part time. Its operations chain of command goes through AFMC, while administratively it reports through the March Air Reserve Base operations group commander.

(Courtesy of Air Force Print News)

Now showing: Nov. 13 edition of Air Force Television News

■ **SAN ANTONIO** — The air war over Afghanistan and the ongoing no-fly zone patrols over northern Iraq, both involving a Utah Air Force Reserve unit, are highlighted in the latest edition of Air Force Television News.

- ♦ Staff Sgt. Leigh Bellinger travels to Fort Carson, Colo., for a story on forward air controllers practicing for their possible involvement in Operation Enduring Freedom. Staff Sgt. Pachari Lutke is in Charleston, S.C., examining how the mobilization of thousands of reservists and guardsmen is effecting Charleston’s police department.
- ♦ Tech. Sgt. Paul Firman reports on an Air Force biomedical team helping in the search for anthrax in New York City; and Senior Airman Israel Aviles goes inside the laboratories at Brooks Air Force Base, Texas, to explore the service’s contribution to the war against bioterrorism.
- ♦ In other news, Tech. Sgt. Ron Tull tells the story of Lockheed-Martin’s selection to build the Defense Department’s joint strike fighter; and Staff Sgt. Michael Noel has a story on a new \$34 million advertising campaign the Air Force is using to help meet its recruiting quota this year.
- ♦ Staff Sgt. Eric Kerr goes to Barksdale AFB, La., to examine how the base’s mission and environmental protection are working hand-in-hand; and Staff Sgt. Leigh Bellinger focuses on Special Needs, a program at Ellsworth AFB, S.D., that involves parents of special children helping each other cope.
- ♦ Air Force Television News is a biweekly production of Air Force News Service. It is distributed on videotape to more than 3,000 military and civilian outlets worldwide, and is seen on more than 700 cable television outlets nationwide.

Vandenberg members can view Air Force News on the Commander’s Access Channel, Channel 2, at 7:30, 9, and 11 a.m.; 2, 8 and 11:30 p.m. everyday.



U.S. AIR FORCE GRAPHIC BY TECH. SGT. KEN LARSEN



PHOTOS BY AIRMAN 1ST CLASS JESSICA RAMOS

Rich “Rudy” Vassaur blasts a triple in his first at bat during the Chiefs and Eagles game Thursday. The Chiefs held their lead

Chiefs pluck Eagles 21-15

By MASTER SGT. TY FOSTER
30th Space Wing Public Affairs

■ About 100 people watched the feathers fly as the Chiefs plucked the Eagles 21-15 in an action-packed softball game Friday at field No. 1.

Sporting their homemade head-dresses with white feathers, the chiefs took the field at the top of the first with Rich “Rudy” Vassaur on the mound. Opposing pitcher, Ken “Dutch” VanSickle settled into the batter’s box and pelted a double into outfield to kick off a series of hits. Dutch scored the first run of the game off a Byron “Snoop” Presley hit.

Whit “Soup” Campbell crushed the ball deep into the outfield for an easy double, bringing Snoop in for the second run of the game. Bob “Piledriver” Kopp stepped up and smacked a solid single bringing Soup home to establish their only lead of the day at 3-0.

Firing back in the bottom of the first, Chiefs stepped to the plate.

Rudy led the charge by belting a triple deep into left center. A solid double by Larry “The Defender” Savidge brought Rudy wheeling in for the Chiefs’ first run.

“Handy” Dan Hehe’s triple scored The Defender and set the stage for three more runs before Greg “Dimples” Egan stepped up and belted a homer. The score



Mike “Tornado” Morey dashes toward second.

stood at 6-3 at the bottom first and remained there until the bottom of the third where the Chiefs did a war dance and scored seven runs.

Mike “Tornado” Morey led the Chiefs’ streak when he plastered a triple to score The Defender and Rick “Prez” Johnson. After Tornado scored, four runs followed until Quick Carl made the third out leaving the score at 13-3 Chiefs at the top of the fourth.

Eager to strike back, the Eagles blasted the Chiefs’ defense with a string of small hits and runs to edge closer to their foes.

After a base on balls for Soup and a string of singles, a double by

through the game, winning 21-15 over the Eagles. This year, the annual game raised \$500 for Project Noble Support.

Snoop capped the Eagles’ streak. After four, the score stood at 13-10 Chiefs.

Answering the Eagles’ challenge, the Chiefs tallied their own string of plinker hits that pushed the score up to 17-10.

In the fifth, it was as if both teams forgot to take their bats to the plate and were held scoreless.

The Eagles clawed a paltry two runs closing the gap to 17-12 at the bottom of the sixth.

Errors plagued the Eagles as the Chiefs turned bases on balls and a few singles into four more runs taking the score to 21-12 Chiefs at the top of the seventh inning.

Their last chance for victory starting them in the face, the Eagles knocked the red clay from their shoes and stepped to the plate.

Rob “It’s Outta Here” Worley hammered the horsehide for a single. Southpaw followed suit by pelting the pebble to bring his boss home.

Piledriver stroked a double and Southpaw wheeled it in. Piledriver ended up scoring the final run for the Eagles leaving them short of victory.

Regardless of outcome, the spirit of sportsmanship and camaraderie reigned during the competition, Worley said.

Each player donated \$10 to Project Noble Support.

Base Champs



PHOTO BY AIRMAN 1ST CLASS JESSICA RAMOS

In base championship play, The 30th Medical Group intramural soccer team triumphed over the 30th Civil Engineer Squadron team 3-0. The 2001 champions are: (left to right standing) Jason Stroude, Cornelius Puiolet, Robert Estep, Steve Grudier, Jose Manrique, Jose

Barron, Luis Margaia, Kailash Gurung, and the goalie Markham Brown (l-r kneeling) Coach Nancy Wall, Col. Whit Campbell, 30th MG commander, and Larry Barnes and John Vinson. The team finished the season with a record of 14-1.

Ski until you’re blue in Colorado

Rocky Mountain Blue offers full service with discount prices for military, DoD employees

By 2ND LT. VIRGIL MAGEE

AFSPC Public Affairs

■ KEYSTONE, Colo. - Servicemembers and government employees looking to get away from their day-in, day-out routine have a new option when it comes to snow-filled recreation.

The Air Force’s newest recreational venture, Rocky Mountain Blue, opened here Nov. 5 and gives Department of Defense employees the opportunity to frolic through the snowcapped scenic mountains of Colorado at greatly reduced costs.

RMB, a partnership between Air Force Space Command, The Air Force Academy and Keystone Resorts, is an initiative in which the resort offers a variety of discounts to active-duty, reserve, guard, retiree, DoD civilian and non-appropriated funds civilians.

The brainchild of Gen. Ed Eberhart, commander of Air Force Space Command, RMB is the first step in determining if there is a market for a government-owned resort in the area.

That decision will be made in two or three years.

In all, Keystone features 1,749 acres of terrain served by 22 ski lifts, including two high-speed, six-passenger gondolas and three high-speed, four-passenger chairlifts.

Located just 90 minutes west of Denver, the Rocky Mountain Blue programs offers servicemembers many activities such as skiing, horseback riding, mountain biking, hiking, ice-skating, shopping and golf.

“There are a lot of ski resorts in the area, but Keystone offers a wide variety of indoor and outdoor activities and they were happy to have us,” said Col. Dave Estill, Air Force Space Command director of services. “This is a good value for our members to have a good time in the Colorado outdoors.”

Keystone includes three



PHOTO BY JACK AFFLECK/VAIL RESORTS

Located just 90 miles west of Denver, Rocky Mountain Blue offers discount prices to active-duty, reserve, guard, retiree, DoD and non-appropriated fund civilians. Skiers can enjoy 1,749 acres of groomed terrain served by 22 ski lifts. Ice skating, shopping and fine dining are also available. Summertime attractions include horseback riding, mountain biking, hihing and golf.

interconnected mountains with groomed terrain set to test skiers and snowboarders of all levels and abilities. The premier trail “North Peak” features several steep plunges that may be especially attractive to the more advanced skier. For the beginner, there are many classes, starting with one for 3-year-olds, to teach ski basics.

The resort is home to the largest single-mountain night skiing experience in North America. Three lifts serve 288 acres of terrain until 8 p.m.

Visitors can also skate all day

and evening on the five-acre Keystone Lake, the largest outdoor-maintained ice rink in the country.

Finally, for those who don’t wish to indulge in the snow sports, horse-drawn sleighs and stagecoaches can be reserved for a ride through the Snake River Valley to an authentic 1860s Old West cabin, where cowboys cook mouthwatering dinners over a campfire.

Additional information on Rocky Mountain Blue can be found on the Internet at <http://rockymountainblue.com>.

Look out Barry Bonds!

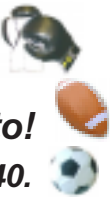


PHOTO BY AIRMAN 1ST CLASS JESSICA RAMOS

Senior Airman Sadie Gorchess, 30th Security Forces Squadron, smacks a hit to edge the cops closer to their 17-4 victory over the 30th Communications Squadron team. This is the second year in a row, the 30th SFS and 30th CS intramural softball teams squared off against each other in championship play.



Wanna see more sports in your --



Give us a heads up on what your team’s up to!
space&missiletimes@vandenberg.af.mil or call 606-2040.

Community Calendar

EVENTS

23 FRI The Santa Maria Civic Theatre presents “*Fruitcakes*,” a production of music and laughter written by Julian Wilkes, on Friday, Saturday, Nov. 30 and Dec. 1, 7, 8, 14, and 15. Doors open at 7:30 p.m. and curtain time is at 8 p.m. Call (805) 922-4442 to make reservations.

24 SAT The Los Olivos Gallery hosts a **Holiday Art Show** on Saturday and Sunday. For more information, call (805) 688-1222.

25 SUN Volunteers are needed on Sunday to participate in **Standing For America**, a commemorative event honoring those who lost their lives Sept. 11. The times and locations are as follows: 8 a.m. in Atascadero at El Camino Real at Santa Rosa Ave.; noon in San Luis Obispo at Cuesta College Campus; and 3:30 p.m. in Arroyo Grande at Grand Ave. If you are searching for a unique way to express thanks on Thanksgiving weekend and would like to participate in this special event, call Anet Carlin at (805) 466-4653.

26 MON Organist David Gell, performs in the **16th Annual Advent Organ Series** at 3:30 p.m. Monday at the Trinity Episcopal Church in Santa Barbara. For more information, call (805) 965-7419.

28 WED The Goddard Chapter of the Air Force Association sponsors a **Community Partner Appreciation Luncheon** Nov. 28 at noon in the Pacific Coast Club ballroom. Col. Robert M. Worley II, 30th Space Wing Commander, will be the guest speaker for the event. The cost is \$11 for club members, \$14 for non-members. For more information or to R.S.V.P., call Melanie Habener at 606-2538 by Tuesday.

29 THU The Harbor Restaurant and Longboards in Santa Barbara holds a **buffet and silent auction** benefit for the Unity Shoppe Nov. 29. The event includes wine tasting. For more information, call (805) 963-5339.

The **Native American Heritage Month Luncheon** is Nov. 29 at 11:30 a.m. at the Pacific Coast Club. Flutist Carlos Reynosa and Chumash Drumming presentation are the entertainment. The cost is \$9. For tickets, call Tech. Sgt. Peter Caputo at 605-8937, Staff Sgt. Carolyn Brown at 605-5069 or Airman 1st Class Chaunte Shepherd at 606-6526.

The **Native American Artifact Presentation and Cultural Discussion** is Nov. 29 at 1 p.m. in the Pacific Coast Club (immediately following luncheon). Come enjoy a wide variety of Native American historical and cultural artifacts! Luncheon attendance NOT mandatory to participate!

30 FRI The benefit for **Unity Shoppe Kids Helping Kids at the Zoo** is Nov. 30. Free admission for those who donate a can of food or a new toy. For more information,

Surf’s up -- so clean up



PHOTO BY AIRMAN 1ST CLASS JESSICA RAMOS

Vandenberg Surf Club members Dewey Lively (left), Randy Bouza (middle) and Tom Gooch pick up trash at Wall Beach Saturday. For more information about the club, call Master Sgt. Sean Reilly, Vandenberg Surf Club president, at 606-9016.

call (805) 962-5339.

CLASSES

People can join **jazzercise classes** at the Anderson Recreation Center in Lompoc. Classes offer a blend of jazz dance and exercise science set to popular music. The schedule varies so call 736-5477 for more information.

23 FRI The Family Support Center offers an **Individual Retirement Accounts workshop** Friday at 11 a.m. Call Jimmy Camacho at 606-4491 for more information or registration information.

24 SAT The American Red Cross holds a **Babysitter’s Training Course** Saturdays from 8 a.m. to 5 p.m. at the Family Support Center. The course teaches young people (11 to 15 years of age) essential skills for handling the responsibilities of childcare. Students will learn how to supervise children, handle an emergency or illness, perform first aid, responding to life-threatening emergencies, performing basic routines such as diapering, feeding, and dressing of infants and children, and much more. Cost is \$25 per participant. Call Tech. Sgt. Todd Lefebvre at 606-0039 for information.

26 MON The Family Support Center will provide a **Financial Planning Workshop** Monday at 5 p.m. Learn financial management basics, such as checkbook maintenance, credit spending and making paydays count. Call Jimmy Camacho at 606-4491 for more information.

27 TUE An **Individual Transition Plan** session is offered every Tuesday morning from 8 a.m. to 9 a.m. except during the transition assistance seminar week. An ITP is required for military members scheduled to retire or separate at least 90 days before they leave the

service. The mandatory counseling session includes information about service member’s benefits. Spouses are welcome and encouraged to attend. Call Sunny Park at 605-0134 for more information.

28 WED The health and wellness center holds **weekly nutrition classes** from 11:30 a.m. to 12:30 p.m. Wednesdays. Topics include heart smart for cholesterol control, meal planning for diabetes, prenatal and child nutrition, and nutrition for health. For more information, call the HAWC at 606-2221.

MEETINGS

28 WED **National Society of Military Widows, Central Coast Chapter 44**, meets Wednesday at 2 p.m. in the Joint Retiree Center, located in the Base Exchange area across from the Home and Garden Shop and behind the bowling alley. Widowers are also welcome. If you know a military widow or widower, please let them know about this organization and the meetings. The chapter holds meetings the second Wednesday of every month. For more information, call 606-5474.

29 THU **Military retirees** meet at 1 p.m. in the retiree activities center on the third Thursday of the month. Upcoming events include **Retiree Appreciation Day** beginning at 8:30 a.m. today in the Pacific Coast Club.

Pearl Harbor veterans interested in participating in a special recognition and honors event held on the 60th anniversary of the bombing of Pearl Harbor should call the Lompoc Chamber of Commerce at 736-4567.

The **Titan Toastmasters** meet from 4 to 5 p.m. every Thursday in the Services center. Anyone interested is welcome to attend. For information, call Loretta Williams at 605-3001 or Bruce Henderson at 606-1541, Ext. 3627.

Thanksgiving has humble beginning

■ “It has seemed to me fit and proper that God should be solemnly, reverently and gratefully acknowledged, as with one heart and one voice, by the whole American people. I do, therefore, invite my fellow citizens in every part of the United States, and also those who are at sea and those who are sojourning in foreign lands, to set apart and observe the last Thursday of November as a day of Thanksgiving.”

Those words were spoken by President Abraham Lincoln Oct. 3, 1863, when he declared the last Thursday in November as an annual celebration of Thanksgiving.

Prior to that, thanksgiving feasts or festivals were customarily held after successful harvest, but no specific date had ever been set.

What is generally known as the first Thanksgiving took place in 1621. Pilgrims, who had arrived in December 1620, held a feast to celebrate a bountiful harvest after a long, harsh

winter. The surviving Pilgrims invited members of the Wampanoag tribe to this first feast. The Native Americans had helped the Pilgrims survive the first winter by teaching them much about how to harvest crops in the unfamiliar land.

The first Thanksgiving dinner probably consisted of venison, corn, barley and wild fowl.

The first time all 13 colonies celebrated Thanksgiving together was in October 1777.

The date of Thanksgiving has changed periodically for various reasons over the years.

President Franklin Roosevelt once changed the date of Thanksgiving to the third Thursday in November to create a longer Christmas shopping season. However, that lasted for two years.

In 1941, Thanksgiving was finally sanctioned by Congress as a legal holiday to be celebrated on the fourth Thursday of November.

How to cook a perfect turkey

■ The following are easy steps to cooking turkey to perfection, according to “*The New Canadian Basics Cookbook*. ”

- Rinse thawed or fresh turkey inside and out with cold water; pat dry. Spoon stuffing into neck cavity; pull neck skin over stuffing and fasten with skewer.

- Spoon stuffing loosely into body cavity; cover stuffing with slice of bread or close opening with skewer.

(For unstuffed turkey, sprinkle inside with salt and pepper; if desired, add a cut-up onion, squeeze of lemon or orange juice and sprinkle of herbs.)

- Return legs to tucked-in position under band of skin; or tie together with string.

- Place turkey, breast side up on a rack *(a cake cooling rack will do)* in shallow roasting pan.

- Brush turkey with melted butter about 1/4 cup for a medium sized bird; sprinkle lightly with salt.

- Cover wings with foil or tuck wing tips behind back. Cover turkey loosely with foil, tucking it in at ends and leaving it open at sides.

- Roast in 325 F oven. Remove foil for the last hour to allow turkey to brown; baste or brush occasionally

with pan drippings.

- Remove from oven and tent with foil to keep warm; let stand for 20 minutes before carving.

Note: A meat thermometer placed at the—thickest part of the thigh not touching the bone should register 180 F to show it is cooked through.

This stuffing recipe makes enough for a 10 to 12 pound turkey.

Turkey Stuffing

1/3 cup butter

2 cups chopped onions

1 cup chopped celery

2 teaspoons each: dried sage and savory

1/2 tablespoon dried thyme

1/2 teaspoon pepper

1 tablespoon salt

1/4 cup chopped parsley
8 cups slightly dry bread cut into small cubes or very coarsely crumbled

In a skillet, over medium heat, melt butter. Add onions and celery; cook until softened. Stir in sage, savory, thyme, pepper, salt and parsley. In a large bowl, combine bread and onion mixture; toss well until moistened. If a moister stuffing is preferred, or if baking stuffing separately, stir in a little chicken broth.

AT THE MOVIES

Today TRAINING DAY

A corrupt veteran cop escorts a rookie on his first day. *Rated R.*

Saturday ZOOLANDER

A supermodel is targeted by a crime organization. *Rated R.*

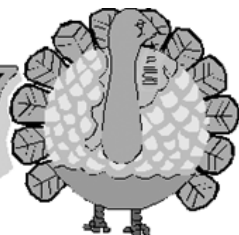
Sunday JOY RIDE

Brothers are chased by a psycho truck driver. *Rated R.*

All movies start at 7:30 p.m. unless otherwise noted.

S 30th Services

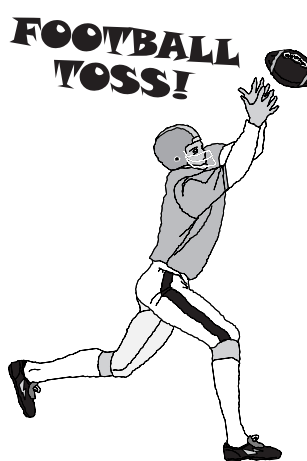
Thanksgiving



NEWS



at the Pacific Coast Club



FOOTBALL TOSS!

WIN PRIZES!

FOOD! FUN!

Monday
Tampa Bay
vs. St. Louis

Dec. 3
Green Bay
vs. Jacksonville

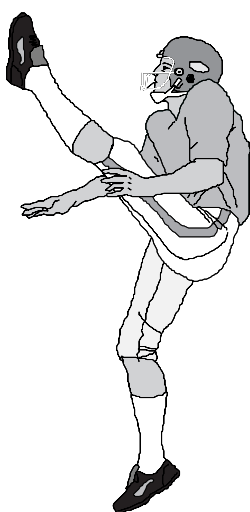
Dec. 10
Indianapolis
vs. Miami

Dec. 17
St. Louis
vs. New Orleans

Dec. 22
Tennessee
vs. Oakland

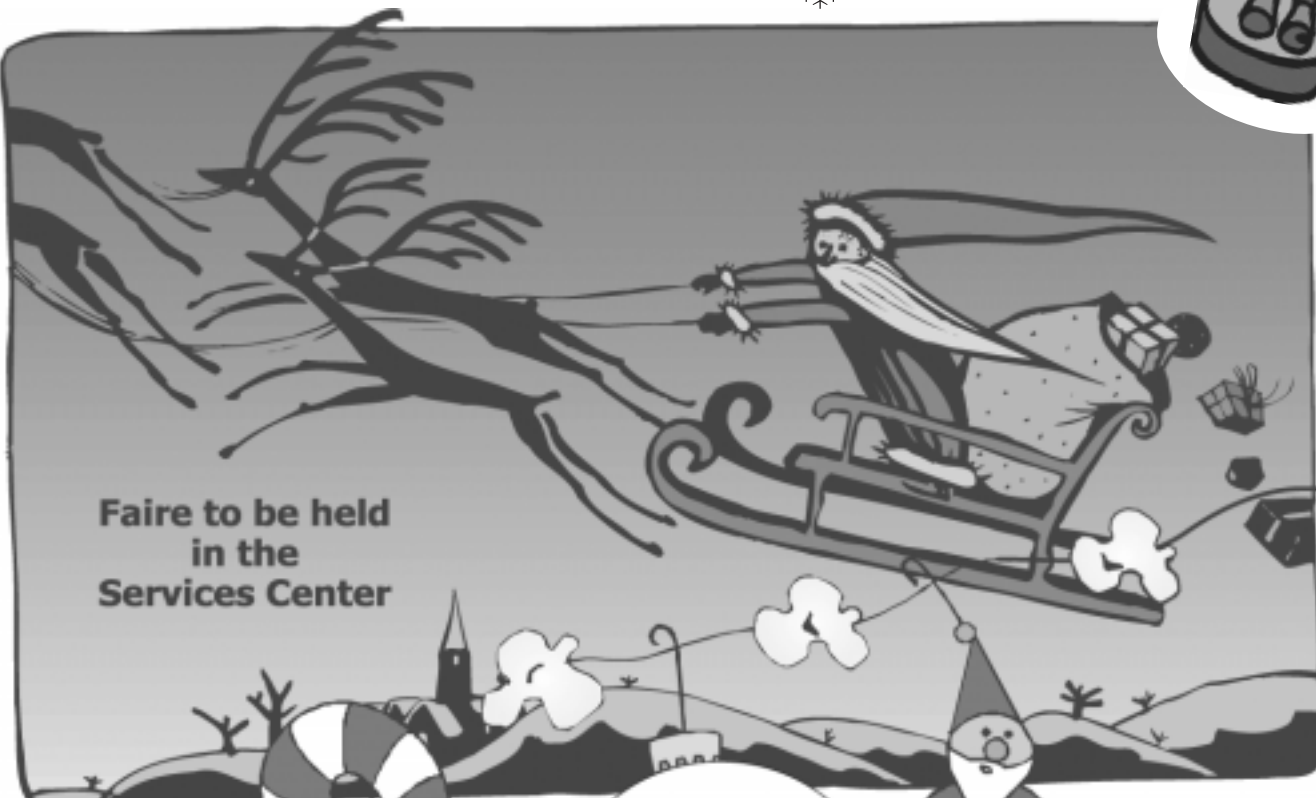
Dec. 29
Baltimore
vs. Tampa Bay

Call the Pacific Coast Club
at 606-3330
for more information.



Arts & Crafts FAIRE

ALL CRAFTERS WELCOME!



Faire to be held
in the
Services Center

Saturday
December 8th
9 a.m.
to 3 p.m.

\$15
per space
sign up at
Skills Development
or
Services Center

For details
call the
Services Center
at 605-8974 or
Skills Development
at 606-6438.

Deadline for vendors to sign up is Nov. 30!



Get your
Christmas Gift Certificates

now at Natural Knead
Certificates for 90-minute,
60-minute or 30-minute
massages are available.

We also have GIFT BASKETS!

See us at the Arts & Crafts Faire
December 8th at the Services Center!

Call 605-4748
for more information.

V.I.T.T.



Feb. 4 to 7

\$89 per person, sharing
Flamingo Hilton

LAKE TAHOE

Feb. 16 to 19

\$145 per person, sharing
Holiday Lodge

Reduced price ski lift tickets for
Heavenly Valley available
at Tickets & Travel in the
Services Center.

For information call Tickets & Travel
at 606-7976.

GOLF

THURSDAY - Thanksgiving Day
Course open

TUESDAY -
Tournament, 8-9 a.m.

WEDNESDAY -
Ladies Priority, 8:32-9:04 a.m.

New Twilight Hours start at 1 p.m.

New Snack Bar Grill hours:
Daily: 6 a.m.-6 p.m.
Weekends & Holidays: 5:45 a.m.-6 p.m. Grill closes at 2:30 p.m.

FITNESS CENTER

ROCK CLIMBING CLUB -
Contact Rod Paronto at 606-3832 for more information.

BOXING CLUB -
Monday & Friday, 6:30-8:00 p.m., Aerobic Center Annex. Contact Don Green for more information at 733-2245 Or 733-4275.

30 MINUTE MANIA - New Incentive Program!
Patrons who complete a 30 minute workout can win great prizes. Every time you complete a 30 minute workout stop by the front counter and pick up an entry form for this month's drawing. Call Fitness Center for more information, 606-3834.

BOWLING

THURSDAY - Thanksgiving Day
The Bowling Center will observe holiday hours, 12-5 P.M.

SATURDAY -
Scotch Doubles Tournament -
\$12 per entry. Check in at 5:30 p.m. and bowl at 6 p.m.

If you have a student attending any Vandenberg AFB school, 5th through 12th grades, who receives an 'A', 'B' or if no letter grade, an excellent, they may bring their report card to the Bowling Center to receive a 'Bowl-One, Get-One' coupon to be used any time lanes are available. This is the Bowling Center's way of saying "great job!"



LOOKING FOR SOMETHING TO DO FRIDAY NIGHT????

Nov. 30
6-10 p.m.

KARAOKE NIGHT

in the
OFFICERS' LOUNGE LAUNCH PAD

in the
ENLISTED LOUNGE HAWK'S NEST

Nov. 30 8 p.m.-12 a.m.

80s NIGHT

Congratulations to...
Family Child Care's New Developmental Home Providers!

Sherrie Davis & Melissa Loper, both providers, have completed all 15 of their Air Force FCC Modules.

There are four stages to become a provider: provisional, standard, developmental and accredited.

Provisional, first 3 months, standard, 2 years, (18 months timeline) to complete modules, developmental and accredited.

What is a developmental home?

A home in which the quality of care provided is at a higher standard. The home offers more of a preschool program to enhance the child(ren's) developmental skills. This prepares children for kindergarten along with more exciting challenges, including science and history! The provider is inspected from a different monthly checklist, meeting greater standards and higher demands. Presently there are three developmental homes, operated by Gina Burdett, Angela Sandoval and Teresa Webb.

Again, *Congrats!*

From the world's greatest Services Squadron
To learn more on becoming a Family Child Care Provider:
Contact Gwen Jones @6-4639/3255 FCC Coordinator

ALL

Saturday Night

in the

Enlisted Lounge HAWK'S NEST!

Live DJ!

Lounge opens at 8 p.m.

PACIFIC COAST CLUB

Nov. 28

WEDNESDAY Dining Special



Chicken Cordon Bleu
\$9.95
10 oz. New York Steak
\$14.95

Served 6-8 p.m.